
DETAILED METHODOLOGY AND IN-DEPTH SURVEY FINDINGS: THE FILMMAKER-PARTICIPANT RELATIONSHIP UNPACKED

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About This Appendix

As documentary films grow in popularity, ethical concerns about their production have also increased. Questions arise about how to balance the potential benefits of telling powerful human stories—such as fostering empathy and driving social change—against the risks individuals who participate in documentaries face when sharing personal experiences or perspectives. In light of these challenges, ITVS conducted a large-scale study that included the voices of 678 U.S.-based documentary filmmakers and 195 documentary participants—often labeled as “subjects” or “characters”—to better understand how to improve participant experiences while still producing impactful films.

The study report, *The Filmmaker-Participant Relationship Unpacked: Ethical Responsibility and Impact in Documentary Filmmaking*, is available on the ITVS website.

This appendix provides additional information on our methodology and detailed survey findings.

Contents

Methodology	3
Identifying Documentary Film Participants	6
Filmmaker Survey Data	7
Film Participant Survey Data	27
Study Team and Partners	63
Endnotes	66

Methodology

The study methodology, as well as the surveys and focus groups protocols that ITVS used to collect information from documentary filmmakers and participants, were reviewed and approved by the Institutional Review Board at American University (IRB-2024-113).¹ The following table outlines who was eligible to participate in the study and provides details on our survey and focus group approach.

Study Eligibility Criteria: Filmmakers

Filmmakers who lived or worked in the United States, and had produced or directed a film that met the following criteria:

- The film was completed.
- The film had been seen by an audience.
- Filmmaker worked directly with individuals in the film, whose stories were told on screen.

Study Eligibility Criteria: Film Participants

Individuals who were:

- 18 years or older.
- Filmed or recorded for a documentary within the last 10 years.

At least part of the documentary was filmed in the United States or, if filming took place elsewhere, the filmmakers lived or worked in the United States.

Survey Methodology: Filmmakers

FORMAT

15-minute anonymous online survey

LANGUAGES

English

ACCESSIBILITY FEATURES

- Compatible with most third-party screen readers
- Offered telephone or ASL-supported video assistance completing the survey.

INCENTIVE

None

SURVEY FOCUS

Filmmakers were asked to focus on a recently completed documentary film that they produced or directed, and for which they worked directly with individuals whose stories were told on screen (“participants”).

SURVEY TOPICS

- Film characteristics (such as topic and distribution platform)
- How they worked with main or central participants
- If and how they would have liked to work differently with participants
- Needed resources or supports
- Demographic information

RECRUITMENT

ITVS and 40 other organizations invited filmmakers in their networks to complete the survey, typically via newsletters. Fielding partners are listed in the final section of this appendix.

FIELDING PERIOD

September 10 to 29, 2023

Survey Methodology: Film Participants

FORMAT

15-minute anonymous online survey

LANGUAGES

English and Spanish

ACCESSIBILITY FEATURES

- Compatible with most third-party screen readers.
- Offered telephone or ASL-supported video assistance completing the survey.

INCENTIVE

\$40 gift card

SURVEY FOCUS

Participants were asked to think about the documentary for which they had the most significant role in the last 10 years.

SURVEY TOPICS

- Film characteristics (such as topic and distribution platform)
- Why they participated
- How they worked with the filmmaker
- Perspectives on the experience and how it could be improved
- Demographic information

RECRUITMENT

See section “Identifying Documentary Film Participants” for detail on the identification and recruitment of documentary film participants.

FIELDING PERIOD

January 17 to March 29, 2024

Focus Group Methodology: Filmmakers

FORMAT

Six 90-minute virtual focus groups with 35 total filmmakers

LANGUAGES

English

ACCESSIBILITY FEATURES

Offered ASL video assistance

INCENTIVE

\$50 gift card

DISCUSSION FOCUS

- If and how they would like to work differently with participants
- Needed resources or supports

RECRUITMENT

Survey respondents were asked if they wanted to be considered for a focus group discussion. Volunteers were asked career stage, age, race, gender, and where their film was distributed.

Participants were purposely selected to help ensure diverse perspectives.

FIELDING PERIOD

October and November 2023

Focus Group Methodology: Film Participants

FORMAT

Six 90-minute virtual focus groups with 31 total participants

LANGUAGES

English (Spanish groups were offered; however all volunteers expressed a preference for English language groups)

ACCESSIBILITY FEATURES

Offered ASL video assistance

INCENTIVE

\$100 gift card

DISCUSSION FOCUS

- Impact of being in a documentary
- Perspectives on the experience and how it could be improved

RECRUITMENT

Survey respondents were asked if they wanted to be considered for a focus group discussion. Volunteers were asked the type of information they shared on camera (such as personal information or historical perspectives) and their race and gender.

Participants were purposely selected to help ensure diverse perspectives.

FIELDING PERIOD

March and April 2024

Identifying Documentary Film Participants

The research team employed a variety of methods to identify documentary film participants for the survey. 635 participants were identified using the following methods:

- 91 film participants worked directly with ITVS or our film participant survey fielding partners. Our fielding partners – 11 organizations and individual impact producers – are listed in the final section of this report.
- 53 film participants independently volunteered for the study via the study website. ITVS encouraged filmmakers who took the corresponding survey to share a link to the study webpage with film participants that they had previously worked with. ITVS also shared the website at film festivals attended by documentary film participants.
- 424 participants were identified as having participated in major documentaries released in recent years. For this approach, ITVS first identified short- and long-form documentaries and series that were produced or directed by at least one US-based filmmaker and had achieved financial or critical success, as defined below, between 2021 and 2023. These films met one or more of the following criteria:
 - a. Nominated for a Primetime Emmy, Peabody, or Academy Award
 - b. Listed on Rotten Tomatoes "100 Best-Reviewed Documentaries of All Time"²
 - c. Earned more than \$250,000 in annual box office
 - d. Reviewed by more than 10,000+ viewers on IMDB

We worked to identify up to five participants per film. For each eligible documentary film, the research team pulled the list of participants credited on IMDb. We excluded participants who (1) were also listed as filmmakers; (2) only served as a narrator or reenactor. If more than five participants were identified for a film, we randomized the order of the participants. When sourcing contact information, we started at the top of the randomized list and moved through the list until we had found contact information for five participants or searched the complete list. To source participant contact information, we reviewed social media accounts and searched by an individual's name as well as the name of film, topic of film, and/or their occupation. We used Google, Rocket-Reach, and ContactOut as contact search engines.

- 67 participants were identified as part of an effort to increase representation of individuals who identify as Indigenous, Native American, Alaska Native, Latino/a/x, Middle Eastern, or North African, after our early analysis indicated that those groups were underrepresented in the respondent sample. Using a similar methodology as outlined above for major documentaries, we identified additional participants for films that won awards at festivals focused on showcasing films by and about the targeted communities.

Filmmaker Survey Data

**At the start of the survey,
filmmakers were asked to:**

Please think about a recently completed documentary that you produced or directed for which you worked directly with one or more individuals whose stories were told on screen (“participants”). Documentary film participants are sometimes referred to as “subjects” or “characters.”

Filmmaker Survey Data

The filmmaker survey data table includes combined findings for all filmmakers who took the survey as well as subgroup analyses. Table columns identify subgroups by the numbers noted below.

1. Filmmaker: Career Stage

- 1A. Early career
- 1B. Mid career
- 1C. Veteran

2. Filmmaker: Gender

- 2A. Intersex, Nonbinary, Two-spirit, and/or Woman
- 2B. Man

3. Filmmaker: Race or Ethnicity (Noted in the table as “Race”)

- 3A. Identify as one or more of the following: Asian or Asian American, Black or African American, Indigenous, Native American, or Alaska Native, Latino/a/x or Hispanic, Middle Eastern or North African, and/or Native Hawaiian or Pacific Islander. In addition, respondent could have identified as white.
- 3B. Identified as white only.

4. Film: Distribution

- 4A. Commercial media broadcast or streaming (ABC, HBO/Max, CNN, Netflix, Hulu, Amazon Prime Video, etc.)
- 4B. Public media broadcast or streaming

5. Film Participant: Prior Connection to Filmmaker (Noted in the table as “Connection”)

- 5A. Family, friends, or another personal or professional relationship (classmate, colleague, neighbor, friend of friend)
- 5B. No prior personal or professional relationship

6. Film Participant: Time on Project (Noted in the table as “Time”)

- 6A. Hours, Days, or Weeks
- 6B. Months or Years

7. Film Participant: Community has faced systemic inequity or injustice (Noted in the table as “Community”)

- 7A. Yes, central participants’ community has faced systemic inequity or injustice
- 7B. No, central participants’ community has NOT faced systemic inequity or injustice

8. Film Participant: Film explored events that participants may describe as stressful or traumatic (Noted in the table as “Stress”)

- 8A. Yes, film explored events that participants may describe as stressful or traumatic
- 8B. No or Maybe, film either did not or may not have explored events that participants would describe as stressful or traumatic

Several subgroups are associated with each other. For example: Films about communities who have faced systemic inequity or injustice were more likely to have explored events that participants found stressful than films that did not feature these communities. As another example, films distributed by commercial media outlets were more likely to be produced by white filmmakers than by filmmakers who identified as Asian or Asian American, Black or African American, Latino/a/x or Hispanic, Indigenous,

Native American, or Alaska Native, Middle Eastern or North African, and/or Native Hawaiian or Pacific Islander. The opposite was true for public media.

For the study report, we considered these and other associations between subgroups to identify the primary drivers for the study findings.

Total Respondents

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Respondents	678	156	292	191	378	252	224	364	156	176	217	460	247	429	521	153	472	198

What year was the film completed?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
2013 or earlier	12%	5%	12%	15%	11%	12%	9%	13%	11%	14%	15%	10%	9%	13%	9%	21%	11%	13%
2014-2018	21%	21%	23%	20%	22%	21%	20%	23%	16%	22%	21%	21%	21%	21%	22%	18%	21%	21%
2019-2023	67%	74%	65%	65%	67%	67%	71%	64%	73%	65%	64%	69%	71%	65%	69%	61%	69%	66%
Responses	674	156	290	189	377	249	221	363	155	175	215	459	246	426	517	153	470	196

What is the film's runtime?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Less than 30 minutes	29%	53%	24%	13%	31%	25%	40%	23%	10%	31%	32%	27%	43%	21%	29%	27%	28%	32%
31-60 minutes	18%	10%	20%	23%	16%	22%	23%	16%	16%	21%	24%	15%	20%	17%	18%	18%	15%	24%
Longer than 60 minutes	53%	37%	56%	64%	53%	53%	37%	61%	74%	48%	44%	58%	37%	63%	53%	54%	57%	44%
Responses	677	156	292	190	378	251	223	364	155	176	217	460	247	428	520	153	471	198

How was the project funded?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Self-funded or crowdfunding	58%	70%	57%	51%	57%	62%	59%	58%	42%	51%	71%	52%	49%	63%	58%	60%	58%	59%
Grants	46%	44%	50%	45%	51%	41%	47%	48%	30%	61%	46%	47%	35%	53%	49%	38%	48%	41%
Equity or private investment	22%	19%	23%	24%	21%	23%	18%	25%	29%	12%	20%	23%	16%	26%	21%	25%	24%	16%
Public media	22%	16%	25%	22%	20%	23%	29%	17%	6%	54%	27%	19%	17%	24%	24%	14%	22%	21%
Commercial media	16%	8%	18%	20%	15%	17%	11%	18%	47%	3%	8%	20%	21%	13%	16%	18%	18%	13%
Other (please describe):	12%	10%	11%	16%	14%	10%	12%	12%	8%	11%	9%	13%	11%	12%	12%	10%	12%	11%
Responses	678	156	292	191	378	252	224	364	156	176	217	460	247	429	521	153	472	198

Where has the film been seen?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Community events or screenings	71%	74%	72%	66%	73%	67%	69%	72%	56%	80%	74%	69%	64%	75%	74%	61%	73%	65%
Educational settings	51%	47%	53%	53%	54%	47%	50%	53%	39%	63%	50%	52%	42%	56%	54%	41%	54%	43%
Film festivals or theaters	75%	79%	78%	69%	77%	73%	70%	80%	68%	75%	74%	76%	64%	82%	76%	72%	79%	66%
Public media broadcast or streaming	37%	28%	42%	40%	38%	39%	42%	35%	0%	100%	42%	35%	33%	40%	40%	28%	38%	35%
Commercial media broadcast or streaming (ABC, HBO/Max, CNN, Netflix, Hulu, Amazon Prime Video, etc.)	34%	24%	39%	39%	32%	40%	26%	40%	100%	0%	29%	37%	34%	35%	34%	35%	36%	29%
Other streaming or social channels (YouTube, Vimeo, social media, etc.)	31%	32%	29%	34%	31%	33%	33%	32%	26%	31%	35%	29%	31%	31%	30%	34%	29%	35%
Other (please describe):	8%	8%	8%	9%	8%	8%	5%	10%	4%	5%	10%	7%	10%	7%	8%	7%	8%	9%
Responses	677	156	291	191	378	251	223	364	156	176	217	460	247	428	520	153	472	197

Did the film explore systemic inequity or injustice?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	71%	68%	76%	65%	76%	63%	80%	66%	70%	76%	65%	73%	63%	75%	83%	26%	80%	49%
No	29%	32%	24%	35%	24%	37%	20%	34%	30%	24%	35%	27%	37%	25%	17%	74%	20%	51%
Responses	661	149	286	188	369	246	220	355	152	171	214	447	240	419	509	148	461	192

What best describes the participants who were most central to this film?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Experts in a professional capacity	44%	40%	46%	47%	41%	50%	46%	43%	49%	44%	45%	44%	53%	40%	43%	50%	43%	47%
Individuals sharing their lives	93%	94%	95%	91%	94%	92%	96%	91%	91%	94%	90%	95%	91%	95%	95%	88%	96%	88%
Celebrities	13%	13%	12%	18%	11%	17%	12%	13%	22%	9%	16%	12%	13%	14%	12%	18%	13%	14%
Politicians, corporate leaders, or others in positions of power	18%	10%	20%	22%	17%	20%	19%	17%	23%	23%	18%	17%	19%	17%	20%	10%	20%	13%
People who cannot give legal consent themselves	5%	5%	8%	2%	6%	4%	7%	5%	4%	5%	5%	5%	2%	7%	6%	2%	7%	2%
Other	4%	4%	2%	6%	4%	3%	3%	4%	1%	5%	6%	3%	4%	4%	4%	4%	4%	4%
Responses	677	156	292	191	378	252	224	364	156	176	217	460	247	429	521	153	472	198

What was your relationship to the participants most central to this film?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
No prior connection	62%	51%	60%	73%	65%	56%	51%	69%	72%	63%	0%	81%	67%	59%	62%	62%	63%	61%
I am a participant in this film	10%	12%	11%	6%	7%	16%	13%	9%	10%	8%	20%	5%	11%	10%	10%	9%	10%	11%
Family	6%	6%	8%	3%	4%	8%	8%	4%	3%	5%	18%	0%	4%	7%	6%	5%	6%	7%
Friends or another personal relationship (classmate, colleague, neighbor, friend of friend, etc.)	29%	44%	26%	23%	27%	35%	37%	25%	17%	32%	92%	0%	27%	31%	28%	34%	28%	32%
Shared cultural/social community (ethnic, religious, gender, disability, etc.)	36%	47%	37%	28%	38%	35%	56%	24%	22%	42%	50%	30%	38%	36%	41%	21%	38%	33%
Other	9%	5%	11%	10%	11%	8%	7%	10%	4%	13%	7%	10%	8%	9%	9%	8%	9%	8%
Responses	677	156	292	191	378	252	224	364	156	176	217	460	247	429	521	153	472	198

Are the participants who were most central to this film members of a community that has faced systemic inequity or injustice?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	77%	79%	82%	71%	84%	69%	89%	72%	73%	82%	74%	79%	74%	79%	100%	0%	84%	62%
No	23%	21%	18%	29%	16%	31%	11%	28%	27%	18%	26%	21%	26%	21%	0%	100%	16%	38%
Responses	674	156	291	191	377	252	224	363	156	175	215	459	247	427	521	153	471	197

Did the film explore events that the participants may describe as stressful or traumatic for them?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	70%	72%	73%	68%	70%	71%	73%	69%	75%	72%	68%	71%	63%	75%	76%	51%	100%	0%
Maybe	17%	14%	16%	20%	17%	18%	15%	19%	14%	18%	16%	17%	20%	15%	16%	18%	0%	57%
No	13%	15%	10%	12%	13%	11%	13%	12%	10%	10%	15%	11%	16%	11%	7%	31%	0%	43%
Responses	670	155	289	189	374	250	223	359	154	174	215	455	244	426	518	150	472	198

Approximately, how much time did you spend with the central participants on this film?

This includes pre-production, production, post-production, and the time since the film was released.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Hours	6%	8%	3%	7%	5%	7%	5%	5%	4%	6%	5%	6%	15%	0%	5%	9%	4%	9%
Days	16%	16%	15%	15%	16%	15%	13%	17%	21%	14%	13%	17%	43%	0%	14%	20%	13%	22%
Weeks	15%	17%	17%	12%	14%	17%	18%	14%	15%	14%	15%	15%	42%	0%	16%	13%	15%	15%
Months	24%	27%	22%	25%	24%	24%	28%	21%	26%	22%	25%	24%	0%	38%	23%	27%	23%	26%
Years	39%	32%	42%	40%	42%	37%	35%	43%	35%	44%	42%	38%	0%	62%	42%	30%	44%	28%
Responses	676	156	292	191	378	252	224	364	156	176	217	459	247	429	521	153	472	198

How did you build trust with central participants?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Held discussions with them prior to filming	91%	90%	92%	92%	93%	90%	90%	92%	94%	93%	85%	94%	91%	91%	91%	92%	92%	88%
Checked in to learn how they are doing	78%	78%	79%	76%	79%	73%	75%	79%	81%	80%	71%	81%	68%	83%	80%	70%	82%	68%
Hired film team from the same cultural/social community as the film participants (ethnic, religious, gender, disability, etc.)	41%	39%	46%	37%	44%	38%	47%	39%	40%	51%	41%	41%	30%	47%	46%	23%	43%	37%
Worked with cultural advisors	28%	28%	29%	27%	29%	27%	29%	26%	26%	34%	21%	31%	20%	32%	33%	11%	30%	22%
Other	24%	21%	26%	25%	29%	19%	22%	26%	15%	30%	23%	24%	14%	30%	26%	16%	26%	20%
None of these	1%	2%	0%	1%	1%	1%	1%	1%	0%	0%	0%	1%	1%	0%	1%	1%	0%	2%
<i>Responses</i>	676	156	292	191	378	252	224	364	156	176	217	459	247	429	521	153	472	198

Before beginning filming, what information did you provide to participants?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Why I was making the film	91%	92%	91%	92%	93%	90%	90%	93%	88%	95%	86%	94%	94%	90%	91%	92%	91%	91%
What the consent or release form covers	75%	74%	77%	76%	75%	75%	72%	78%	73%	77%	69%	78%	72%	77%	77%	71%	77%	70%
The role the participant will play in the film's story	86%	87%	89%	83%	86%	87%	90%	86%	87%	90%	84%	87%	84%	87%	88%	79%	89%	80%
Participants' expected time commitment	69%	65%	71%	74%	69%	71%	70%	70%	78%	69%	68%	70%	77%	65%	69%	72%	70%	68%
Other participants involved in the film	64%	59%	64%	71%	65%	65%	59%	68%	64%	67%	57%	68%	62%	66%	65%	63%	66%	61%
If participants would be compensated or reimbursed	56%	52%	60%	54%	54%	58%	56%	56%	62%	60%	52%	57%	53%	57%	56%	54%	58%	50%
If participants would receive other support (e.g., for health, legal, or accessibility needs)	22%	26%	23%	20%	22%	24%	26%	21%	25%	22%	24%	21%	15%	26%	24%	16%	26%	13%
Potential risks to them, their family, or community for participating in the film	34%	34%	37%	33%	32%	40%	39%	33%	41%	40%	36%	34%	23%	41%	37%	26%	40%	22%
When and how the film may be seen	82%	81%	80%	87%	82%	84%	78%	86%	83%	85%	75%	85%	81%	83%	83%	82%	83%	81%
Other	9%	8%	9%	12%	13%	4%	7%	10%	4%	10%	7%	10%	5%	12%	11%	5%	10%	7%
None of these	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Responses	675	156	292	190	377	252	223	364	156	175	216	459	247	428	520	153	471	198

Throughout the course of the project, were central participants involved in decisions regarding any of the following?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Filming schedule and timeline	75%	71%	78%	73%	76%	72%	71%	77%	76%	78%	71%	76%	69%	78%	76%	72%	76%	71%
What would be filmed and what was off limits	78%	81%	82%	71%	82%	74%	77%	80%	76%	81%	75%	80%	71%	82%	81%	68%	82%	70%
Where the film would be seen	33%	33%	34%	30%	35%	29%	37%	30%	24%	37%	37%	31%	27%	36%	35%	23%	35%	28%
How the film would be used for impact or engagement campaigns	42%	42%	44%	39%	45%	38%	50%	38%	28%	50%	48%	40%	30%	49%	47%	26%	46%	35%
Other	5%	3%	6%	6%	6%	4%	5%	4%	3%	6%	4%	6%	4%	6%	6%	5%	5%	6%
None of these	9%	10%	7%	13%	8%	12%	9%	10%	11%	7%	10%	9%	13%	7%	8%	14%	8%	12%
Responses	670	154	289	191	375	250	221	361	156	175	216	453	246	423	515	152	467	196

Did you provide financial reimbursement, fees, or compensation to participants?

If “Yes”: What type of reimbursement, fees, or compensation did you provide participants? Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
No	68%	70%	62%	75%	68%	66%	60%	70%	64%	69%	59%	72%	75%	64%	65%	80%	66%	73%
Yes	32%	30%	38%	25%	32%	34%	40%	30%	36%	31%	41%	28%	25%	36%	35%	20%	34%	27%
Reimbursed costs incurred to participate (e.g., child care, transportation, accessibility requirements)	21%	21%	26%	13%	21%	23%	26%	20%	25%	16%	28%	18%	16%	24%	24%	11%	24%	14%
Location fees	9%	6%	12%	7%	6%	14%	13%	7%	9%	9%	12%	7%	7%	10%	10%	5%	9%	9%
Licensing or archival fees	12%	10%	16%	9%	12%	14%	12%	13%	17%	16%	17%	11%	9%	14%	14%	9%	14%	10%
Life or story rights	5%	5%	8%	3%	4%	8%	7%	5%	7%	5%	9%	4%	4%	7%	6%	4%	6%	4%
Honorarium or compensation for their time	16%	17%	21%	11%	16%	18%	22%	15%	11%	15%	23%	14%	11%	20%	18%	12%	17%	15%
Backend participation or profit-sharing	7%	11%	7%	5%	6%	10%	8%	8%	10%	4%	12%	5%	5%	9%	8%	5%	8%	6%
Speaker fees at community events or screenings	12%	15%	14%	6%	13%	10%	15%	12%	9%	13%	16%	10%	7%	15%	14%	5%	15%	5%
Responses	674	155	292	191	377	252	223	364	155	176	217	457	246	428	520	152	471	197

Did you offer any nonfinancial support or resources to participants?

This could include gifts, health services, legal services, or community support.

If “Yes”: What types of nonfinancial support or resources did you offer to participants? *Check all that apply.*

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
No	54%	53%	46%	65%	51%	57%	47%	56%	55%	55%	51%	56%	69%	46%	49%	72%	46%	73%
Yes	46%	47%	54%	35%	49%	43%	53%	44%	45%	45%	49%	44%	31%	54%	51%	28%	54%	27%
Mental health, behavioral health, or trauma support services	12%	14%	15%	6%	12%	12%	19%	9%	14%	8%	15%	10%	6%	15%	14%	5%	15%	4%
In-kind gifts or services (such as groceries or gift cards)	32%	33%	40%	23%	35%	29%	35%	34%	32%	32%	34%	32%	21%	39%	35%	23%	39%	18%
Legal services or other consultants to help participants navigate the process	11%	11%	14%	6%	11%	12%	17%	8%	10%	11%	18%	7%	5%	14%	13%	4%	15%	2%
Training for marketing or publicity	11%	10%	14%	8%	10%	13%	12%	10%	9%	10%	14%	9%	5%	14%	12%	5%	12%	7%
Other support for the participants' community	21%	22%	24%	16%	22%	19%	29%	16%	16%	25%	24%	20%	12%	26%	25%	9%	24%	13%
Other	11%	6%	14%	10%	12%	9%	10%	12%	10%	10%	8%	12%	7%	13%	11%	8%	12%	7%
Responses	673	154	292	191	376	252	223	363	155	176	217	456	245	428	520	151	471	196

Did you share the film with participants before screening it publicly?

If “Yes”: What were your intentions when showing participants the film? *Check all that apply.*

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
No	23%	25%	18%	27%	20%	24%	24%	21%	28%	22%	19%	24%	33%	17%	22%	25%	20%	27%
Yes	77%	75%	82%	73%	80%	76%	76%	79%	72%	78%	81%	76%	67%	83%	78%	75%	80%	73%
Check factual accuracy	52%	50%	56%	50%	56%	50%	50%	55%	46%	63%	53%	52%	45%	56%	54%	46%	56%	46%
Gauge the response of participants	61%	64%	68%	46%	63%	60%	61%	62%	54%	62%	64%	59%	51%	67%	62%	57%	64%	54%
Get editorial feedback	36%	40%	38%	28%	38%	35%	37%	36%	25%	42%	42%	32%	32%	38%	38%	27%	40%	26%
Prepare them for the film’s release	64%	62%	68%	60%	66%	62%	60%	66%	87%	80%	64%	64%	52%	71%	65%	59%	69%	53%
Responses	673	156	290	191	376	252	222	364	155	175	217	456	245	428	519	152	470	197

During production, did you and the central film participants discuss any concerns about the film or their participation?

If “Yes”: What concerns did you discuss with film participants? *Check all that apply.*

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
No	23%	26%	21%	24%	22%	25%	26%	22%	17%	22%	24%	23%	31%	19%	21%	32%	19%	33%
Yes	77%	74%	79%	76%	78%	75%	74%	78%	83%	78%	76%	77%	69%	81%	79%	68%	81%	67%
Scheduling conflicts	41%	41%	39%	43%	41%	41%	41%	40%	47%	43%	39%	41%	37%	43%	41%	38%	40%	42%
Conflicting personal priorities (e.g., moving, health, or family concerns)	34%	33%	33%	34%	34%	34%	33%	35%	43%	33%	36%	33%	28%	38%	36%	28%	38%	25%
Changes to the direction of the film	24%	27%	27%	17%	22%	27%	23%	26%	32%	24%	32%	20%	18%	28%	25%	20%	28%	17%
Concerns about privacy or confidentiality	42%	42%	45%	39%	41%	44%	46%	40%	46%	41%	46%	40%	33%	47%	44%	36%	48%	27%
Concerns with personal portrayal in the film	50%	48%	56%	44%	49%	53%	50%	51%	60%	55%	53%	49%	43%	55%	52%	45%	56%	38%
Concerns about where the film would be seen	22%	23%	23%	17%	21%	20%	25%	18%	22%	26%	25%	20%	15%	25%	23%	16%	25%	14%
Other	8%	5%	9%	11%	9%	7%	6%	9%	5%	9%	8%	9%	8%	9%	9%	5%	9%	7%
Responses	672	155	291	190	375	252	222	363	155	174	216	456	244	428	519	151	470	196

Did any central participants choose to withdraw from the film?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	9%	8%	8%	11%	10%	7%	11%	7%	9%	11%	8%	10%	7%	10%	9%	8%	10%	7%
No	91%	92%	92%	89%	90%	93%	89%	93%	91%	89%	92%	90%	93%	90%	91%	92%	90%	93%
Responses	657	155	291	190	377	250	223	362	153	173	209	448	241	416	508	147	463	188

Did any of the following make it challenging to work with participants on this project?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Funder agreements or requirements	15%	13%	18%	13%	13%	19%	18%	14%	16%	17%	19%	14%	13%	17%	16%	13%	17%	12%
Distributor standards and practices	16%	15%	16%	15%	15%	17%	17%	14%	19%	15%	22%	12%	14%	16%	16%	12%	16%	15%
Production team perspectives or approaches	16%	22%	17%	13%	14%	21%	18%	15%	26%	14%	22%	14%	15%	17%	17%	13%	18%	14%
A lack of resources	46%	58%	47%	36%	48%	42%	50%	42%	34%	49%	49%	45%	37%	51%	49%	36%	50%	38%
Other	10%	11%	10%	12%	11%	10%	9%	10%	8%	11%	7%	12%	8%	12%	11%	10%	12%	7%
Responses	637	152	281	188	371	241	220	352	145	169	203	434	231	406	492	144	448	184

Looking back, do you think participants were prepared for the impact the film had on their lives?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	56%	53%	60%	54%	54%	60%	55%	58%	54%	60%	59%	55%	59%	54%	56%	55%	56%	58%
No	12%	12%	11%	15%	11%	15%	14%	12%	14%	15%	14%	12%	8%	15%	13%	10%	14%	9%
I don't know	32%	36%	29%	31%	35%	25%	31%	30%	32%	25%	27%	34%	34%	31%	31%	35%	31%	33%
Responses	653	156	290	191	376	252	222	364	152	171	209	444	240	413	506	146	459	188

Would you have liked to work differently with participants on this project?

This could include changing how you built trust with or communicated with participants, or the support, resources, or recognition that you offered them.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	24%	35%	28%	12%	27%	19%	32%	21%	22%	21%	25%	24%	25%	24%	27%	16%	25%	21%
Maybe	27%	28%	25%	27%	28%	25%	25%	26%	30%	25%	25%	27%	28%	26%	27%	25%	26%	30%
No ³	49%	38%	47%	61%	45%	56%	43%	53%	48%	54%	49%	49%	47%	50%	46%	59%	49%	49%
Responses	655	156	292	191	378	252	224	364	152	173	209	446	240	415	508	146	460	189

Would you have asked for more or less input on the film from participants?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
More	14%	24%	16%	3%	12%	16%	20%	10%	9%	14%	19%	11%	17%	12%	15%	8%	15%	10%
About the same	84%	76%	82%	95%	86%	82%	79%	88%	89%	85%	80%	87%	81%	87%	83%	90%	84%	87%
Less	2%	1%	2%	3%	2%	2%	1%	2%	3%	1%	1%	2%	2%	2%	2%	3%	2%	3%
Responses	651	156	292	192	378	251	224	364	152	171	207	444	239	412	504	145	458	187

Would you have used different approaches to build trust with participants?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Spent more time with them prior to filming	19%	28%	20%	10%	19%	19%	25%	16%	17%	15%	21%	18%	25%	15%	20%	14%	17%	22%
Checked in more to learn how they are doing	15%	22%	16%	5%	14%	15%	21%	12%	19%	13%	20%	12%	18%	13%	16%	10%	15%	14%
Hired additional team members from the same cultural/social community as the film participants (ethnic, religious, gender, disability, etc.)	13%	21%	13%	8%	12%	16%	17%	11%	15%	12%	17%	12%	13%	13%	14%	9%	12%	17%
Worked more closely with cultural advisors	8%	15%	9%	2%	8%	9%	12%	6%	7%	8%	10%	8%	8%	9%	8%	9%	9%	6%
Other	7%	7%	8%	6%	10%	2%	9%	5%	4%	8%	7%	7%	6%	7%	8%	5%	8%	5%
I would not change my approach to trust building.	65%	52%	64%	78%	64%	68%	57%	70%	64%	67%	63%	66%	60%	68%	63%	73%	66%	63%
Responses	650	156	291	192	377	251	224	363	151	171	206	444	239	411	503	145	457	187

Would you have offered participants different supports, resources, or recognition?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Compensation for their time	20%	31%	20%	12%	22%	18%	31%	15%	18%	17%	24%	19%	19%	21%	22%	13%	22%	17%
Reimbursement or fees (location, licensing, life or story rights, etc.)	17%	21%	20%	9%	16%	17%	22%	14%	15%	13%	23%	14%	14%	18%	19%	9%	18%	13%
Nonfinancial support (counseling, legal advice, etc.)	18%	23%	20%	11%	18%	18%	22%	17%	22%	22%	18%	18%	16%	20%	20%	11%	21%	12%
Recognition or acknowledgement (producer or other production credit, etc.)	11%	18%	12%	2%	10%	12%	18%	7%	11%	10%	12%	10%	9%	12%	12%	6%	12%	7%
Other	15%	14%	14%	18%	16%	13%	12%	16%	15%	13%	12%	17%	17%	14%	14%	17%	13%	19%
I would not change what I offered participants	54%	43%	51%	66%	52%	58%	47%	58%	51%	57%	54%	54%	51%	56%	52%	61%	54%	55%
Responses	642	154	289	189	372	249	220	362	149	168	206	436	236	406	497	143	451	185

Do you think the documentary film community needs to address the ways filmmakers work with film participants?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes, the community needs to address how we work with film participants.	69%	74%	73%	58%	75%	61%	77%	64%	72%	72%	69%	68%	68%	69%	73%	52%	72%	61%
No, I don't think that's necessary.	7%	5%	5%	12%	4%	12%	3%	9%	9%	7%	8%	7%	7%	7%	5%	16%	6%	9%
I don't have enough information to decide.	20%	18%	18%	24%	18%	22%	17%	22%	15%	16%	19%	21%	21%	20%	18%	28%	18%	26%
I do not know.	4%	3%	3%	5%	3%	5%	3%	5%	4%	5%	4%	4%	5%	3%	4%	4%	4%	4%
<i>Responses</i>	<i>648</i>	<i>156</i>	<i>292</i>	<i>190</i>	<i>377</i>	<i>252</i>	<i>224</i>	<i>363</i>	<i>151</i>	<i>170</i>	<i>208</i>	<i>440</i>	<i>238</i>	<i>410</i>	<i>502</i>	<i>145</i>	<i>456</i>	<i>186</i>

Would any of these resources help support your filmmaking practice with participants?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Resources or training on working with participants	57%	71%	59%	43%	59%	57%	62%	56%	51%	59%	62%	55%	56%	58%	61%	47%	60%	52%
Releases or consent forms that are easier for participants to understand	74%	81%	75%	66%	77%	69%	74%	75%	77%	75%	69%	76%	74%	74%	75%	71%	76%	70%
Ways to connect participants to counseling, legal, or other support	63%	69%	67%	50%	69%	54%	65%	63%	61%	60%	56%	66%	57%	66%	67%	48%	67%	52%
Other	20%	15%	23%	18%	21%	17%	17%	20%	19%	22%	17%	21%	14%	23%	21%	13%	23%	12%
None of these	8%	4%	5%	17%	5%	13%	8%	9%	5%	9%	11%	7%	9%	8%	6%	16%	6%	13%
<i>Responses</i>	<i>644</i>	<i>155</i>	<i>291</i>	<i>189</i>	<i>377</i>	<i>249</i>	<i>224</i>	<i>361</i>	<i>151</i>	<i>169</i>	<i>207</i>	<i>437</i>	<i>235</i>	<i>409</i>	<i>500</i>	<i>143</i>	<i>452</i>	<i>186</i>

How would you describe your filmmaking practice?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Early career	24%	100%	0%	0%	27%	20%	31%	22%	16%	19%	35%	20%	27%	23%	25%	23%	25%	24%
Mid career	46%	0%	100%	0%	48%	43%	48%	45%	49%	49%	43%	47%	44%	46%	48%	38%	47%	42%
Veteran	30%	0%	0%	100%	25%	37%	21%	33%	35%	32%	22%	33%	28%	31%	27%	40%	28%	34%
Responses	639	156	292	191	374	248	220	360	152	167	205	434	234	405	497	141	451	182

What best describes your film training?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Self-taught	50%	54%	47%	53%	45%	56%	43%	54%	47%	46%	49%	51%	51%	50%	50%	53%	51%	48%
On the job or apprenticeship	53%	48%	53%	58%	53%	52%	49%	54%	59%	52%	52%	54%	52%	54%	55%	47%	55%	48%
Some classes in film or a related field	31%	36%	29%	30%	31%	32%	35%	28%	29%	30%	37%	29%	30%	32%	32%	27%	30%	35%
Undergraduate degree in film or a related field	34%	34%	37%	31%	32%	37%	34%	34%	37%	36%	35%	34%	36%	33%	33%	39%	33%	37%
Post-graduate degree in film or a related field	34%	29%	35%	35%	37%	27%	39%	30%	28%	38%	33%	34%	30%	36%	34%	35%	34%	32%
Responses	644	155	291	190	376	251	223	362	150	169	206	438	236	408	501	142	452	186

What is your age?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
18-29	5%	16%	2%	1%	6%	4%	10%	3%	4%	4%	10%	3%	6%	5%	6%	4%	6%	3%
30-39	26%	46%	31%	2%	27%	24%	25%	28%	38%	18%	26%	26%	28%	25%	26%	26%	29%	19%
40-49	27%	16%	43%	13%	27%	27%	32%	25%	22%	31%	22%	29%	27%	27%	29%	19%	26%	29%
50-59	22%	16%	16%	33%	20%	24%	20%	22%	23%	24%	22%	22%	21%	22%	22%	21%	20%	25%
60-69	12%	3%	6%	29%	12%	11%	9%	12%	11%	10%	11%	12%	10%	13%	10%	17%	10%	16%
70-79	7%	2%	2%	20%	6%	9%	4%	10%	3%	11%	7%	8%	7%	8%	7%	11%	8%	7%
80+	1%	0%	0%	2%	1%	1%	1%	1%	0%	2%	2%	0%	1%	0%	0%	2%	0%	1%
Responses	588	149	262	168	342	238	198	345	137	157	184	404	218	370	456	131	412	170

What is your gender?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Intersex	0.2%	0.7%	0.0%	0.0%	0.3%	0.0%	0.5%	0.0%	0.0%	0.0%	0.5%	0.0%	0.0%	0.3%	0.2%	0.0%	0.2%	0.0%
Man	40%	33%	37%	50%	0%	100%	33%	43%	43%	37%	48%	36%	43%	38%	36%	56%	40%	39%
Nonbinary	3%	7%	1%	1%	4%	0%	4%	2%	0%	2%	3%	2%	3%	3%	3%	1%	3%	2%
Two-spirit	0.2%	0.0%	0.0%	0.5%	0.3%	0.0%	0.5%	0.0%	0.7%	0.0%	0.5%	0.0%	0.4%	0.0%	0.2%	0.0%	0.0%	0.5%
Woman	58%	61%	62%	49%	96%	0%	63%	56%	56%	62%	49%	62%	54%	60%	61%	44%	57%	59%
Prefer to self describe	1%	3%	1%	1%	2%	0%	1%	1%	0%	1%	0%	1%	1%	1%	1%	0%	1%	1%
Responses	629	152	284	185	378	252	222	363	148	165	204	425	230	399	490	138	440	183

Are you transgender?

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	2%	5%	2%	0%	2%	2%	4%	1%	0%	1%	4%	1%	2%	2%	3%	0%	3%	1%
No	98%	94%	98%	100%	98%	98%	95%	99%	100%	98%	96%	99%	97%	98%	97%	100%	97%	98%
Prefer to self describe	0.3%	1.3%	0.0%	0.0%	0.5%	0%	0.5%	0.3%	0.0%	0.6%	0.5%	0.2%	0.4%	0.3%	0.4%	0.0%	0.2%	0.6%
Responses	624	151	283	182	372	251	218	361	148	162	201	423	227	397	485	138	437	181

What is your race or ethnicity?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Asian or Asian American	7%	9%	9%	3%	9%	4%	20%	0%	4%	9%	7%	7%	7%	7%	7%	7%	7%	7%
Black or African American	15%	19%	13%	14%	17%	10%	40%	0%	10%	16%	19%	13%	16%	14%	17%	6%	15%	15%
Hispanic or Latino/a/x	10%	11%	12%	6%	9%	13%	28%	0%	9%	13%	11%	10%	7%	12%	11%	5%	11%	7%
Indigenous, Native American, or Alaska Native	4%	5%	3%	5%	4%	5%	11%	0%	2%	4%	8%	2%	6%	3%	5%	2%	4%	6%
Middle Eastern or North African	3%	5%	3%	3%	5%	2%	9%	0%	2%	3%	3%	4%	4%	3%	4%	1%	4%	3%
Native Hawaiian or Pacific Islander	0.5%	0.7%	0.7%	0.0%	0.8%	0.0%	1.3%	0.0%	0.7%	0.6%	0.5%	0.5%	0.9%	0.3%	0.6%	0.0%	0.5%	0.6%
White	67%	62%	65%	73%	66%	68%	19%	100%	79%	61%	59%	70%	68%	66%	62%	84%	65%	69%
Prefer to self-describe	6%	4%	5%	9%	4%	8%	3%	0%	3%	5%	7%	5%	6%	5%	6%	5%	6%	5%
Responses	610	151	275	176	368	239	224	364	140	159	197	413	224	386	480	129	427	177

Do you identify as disabled?

Check all that apply.

	All	Filmmaker							Film		Film Participant Experience as Reported by Filmmakers							
		Career Stage			Gender		Race		Distribution		Connection		Time		Community		Stress	
		1A	1B	1C	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B	7A	7B	8A	8B
Yes	9%	12%	8%	8%	10%	7%	12%	7%	9%	11%	13%	7%	9%	9%	9%	8%	10%	7%
No	85%	82%	86%	86%	85%	90%	83%	90%	85%	82%	82%	87%	86%	85%	86%	84%	85%	87%
Prefer to self-describe	2%	2%	3%	2%	3%	1%	3%	2%	3%	4%	3%	2%	2%	3%	2%	3%	3%	2%
Responses	621	155	290	189	378	251	224	363	152	167	206	437	234	409	499	143	450	187

Film Participant Survey Data

At the start of the survey, film participants were provided the following instructions:

If you have been in more than one documentary, please think about the documentary for which you had the most significant role in the last 10 years.

Film Participant Survey Data

The film participant survey data table includes combined findings for all film participants who took the survey as well as subgroup analyses. Table columns identify subgroups by the numbers noted below.

1. Film: Topic

- 1A. Participant's life
- 1B. Another topic

2. Film: Explored events that were stressful or difficult for the participant (Noted in the table as "Stress")

- 2A. Yes, film explored events that the participant found stressful or difficult
- 2B. No, the film did NOT explore events that the participant found stressful or difficult

3. Film: Prior Connection to Filmmaker (Noted in the table as "Connection")

- 3A. Yes, participant and filmmaker had a prior connection (such as family, friends, or another personal or professional relationship)
- 3B. No, participant and filmmaker did NOT have a prior connection to each other

4. Film Participant: Gender

- 4A. Intersex, Nonbinary, Two-spirit, and/or Woman
- 4B. Man

5. Film Participant: Race or Ethnicity (Noted in the table as "Race")

- 5A. Identify as one or more of the following: Asian or Asian American, Black or African American, Indigenous, Native American, or Alaska Native, Latino/a/x or Hispanic, Middle Eastern or North African, and/or Native Hawaiian or Pacific Islander. In addition, respondent could have identified as white.
- 5B. Identified as white only.

6. Film Participant: Prior Documentary (Noted in the table as "Prior")

- 6A. Yes, participated in a prior documentary
- 6B. No, had not participated in a prior documentary

Several subgroups are associated with each other. For example, participants in a film about their own life were more likely to report that the film explored events that they found stressful or difficult, to identify as women, and/or to identify as Asian or Asian American, Black or African American, Indigenous, Native American, or Alaska Native,

Latino/a/x or Hispanic, Middle Eastern or North African, and/or Native Hawaiian or Pacific Islander than participants in films about other topics.

For the study report, we considered these and other associations between subgroups to identify the primary drivers for the study findings.

Total Respondents

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Respondents	195	81	114	89	84	44	135	114	75	87	90	89	97

What was the film about?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
My life	42%	100%	0%	60%	22%	40%	41%	47%	33%	55%	29%	41%	41%
The life of someone I know personally	37%	40%	35%	39%	36%	47%	33%	38%	39%	43%	34%	27%	48%
The life of a historical figure or celebrity	19%	10%	26%	12%	27%	23%	17%	18%	21%	15%	24%	24%	15%
A community that I am a part of	42%	56%	32%	52%	30%	47%	40%	45%	37%	53%	37%	42%	42%
Historical or cultural events	30%	25%	34%	27%	36%	37%	29%	27%	37%	33%	27%	44%	20%
Science or nature	9%	11%	7%	11%	6%	9%	10%	13%	4%	14%	6%	10%	8%
True crime	9%	14%	6%	17%	2%	7%	10%	9%	11%	9%	9%	8%	11%
Other	19%	16%	21%	16%	20%	7%	24%	22%	15%	17%	21%	18%	21%
Responses	195	81	114	89	84	43	135	114	75	87	90	89	97

What did you share with filmmakers on camera?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Information about my personal life	63%	95%	41%	81%	41%	70%	60%	72%	51%	74%	52%	63%	62%
Information about my work or professional life	66%	70%	63%	74%	59%	53%	69%	65%	67%	60%	70%	63%	70%
Perspectives or opinions on history, culture, or science	60%	54%	65%	57%	64%	58%	63%	61%	61%	59%	63%	69%	54%
Other	21%	22%	20%	16%	25%	21%	21%	25%	17%	23%	21%	20%	24%
Responses	194	81	113	89	83	43	135	113	75	86	90	88	97

How were you filmed or recorded by the filmmakers?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
One-on-one interviews	92%	95%	90%	93%	92%	95%	91%	92%	93%	90%	93%	93%	91%
Group interviews	24%	33%	17%	33%	17%	25%	23%	23%	25%	28%	19%	19%	28%
Film team followed me around during my day-to-day life	49%	67%	37%	66%	25%	48%	50%	55%	39%	54%	44%	37%	61%
Reenactments	11%	12%	11%	15%	10%	7%	13%	12%	9%	9%	14%	8%	14%
Filmed or recorded myself	13%	21%	7%	16%	11%	16%	12%	15%	8%	20%	7%	13%	13%
Other	9%	12%	6%	3%	11%	9%	9%	11%	4%	14%	6%	10%	8%
Responses	195	81	114	89	84	44	135	114	75	87	90	89	97

Did you contribute to the film in any other ways?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Provided photos, home videos, or other materials to be included in the film	57%	84%	39%	70%	45%	65%	53%	61%	54%	60%	56%	57%	59%
Recommended other participants for the film	47%	46%	47%	53%	42%	37%	47%	46%	45%	39%	54%	59%	37%
Talked to the filmmaker off camera about the direction of the film	62%	69%	57%	70%	51%	63%	61%	61%	62%	55%	67%	70%	55%
Other	10%	11%	9%	9%	10%	5%	12%	11%	8%	8%	12%	14%	7%
None of these	14%	4%	22%	8%	23%	14%	15%	15%	14%	16%	13%	7%	20%
Responses	194	80	114	89	84	43	135	114	74	87	89	88	97

Approximately, how much time did you spend with the filmmakers in the course of making this film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Hours	33%	15%	46%	20%	49%	41%	32%	28%	42%	30%	39%	40%	25%
Days	23%	20%	25%	19%	25%	18%	23%	22%	24%	23%	24%	22%	25%
Weeks	6%	8%	4%	6%	7%	2%	6%	5%	5%	2%	8%	6%	5%
Months	17%	21%	13%	19%	12%	14%	19%	17%	15%	21%	13%	16%	16%
Years	22%	36%	12%	35%	6%	25%	20%	27%	14%	24%	17%	16%	28%
<i>I don't know (excluded from denominator)</i>	2	1	1	1	1	0	2	1	1	0	2	0	2
Responses	193	80	113	88	83	44	133	113	74	87	88	89	95

Did the film explore events that were stressful or difficult for you?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	47%	66%	32%	100%	0%	38%	47%	54%	39%	49%	48%	42%	51%
Maybe	9%	11%	8%	0%	0%	12%	9%	7%	12%	10%	9%	9%	11%
No	44%	23%	59%	0%	100%	50%	44%	39%	49%	41%	43%	49%	39%
Responses	191	80	111	89	84	42	133	111	74	86	87	88	95

Did the film explore systemic inequity or injustice?

(Systemic inequity or injustice refers to when organizations, institutions, or others in power consistently treat groups of individuals with a shared identity in an unfair or unequal way.)

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	61%	67%	57%	73%	49%	47%	67%	71%	50%	74%	52%	63%	60%
No	39%	33%	43%	27%	51%	53%	33%	29%	50%	26%	48%	37%	40%
<i>I don't know (excluded from denominator)</i>	10	6	4	4	3	1	9	8	1	5	1	3	5
Responses	185	75	110	85	81	43	126	106	74	82	89	86	92

Has the film been seen by the public?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	93%	86%	98%	93%	93%	88%	95%	90%	97%	94%	97%	95%	91%
No	7%	14%	2%	7%	7%	12%	5%	10%	3%	6%	3%	5%	9%
<i>I don't know (excluded from denominator)</i>	5	3	2	2	2	1	4	5	0	4	1	2	3
Responses	190	78	112	87	82	43	131	109	75	83	89	87	94

Among those seen by the public:

Where has the film been seen?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Community events or screenings	64%	84%	53%	73%	53%	63%	64%	68%	59%	72%	59%	55%	73%
Educational settings	49%	66%	38%	60%	38%	45%	48%	57%	37%	51%	47%	47%	50%
Film festivals or theaters	67%	81%	59%	77%	57%	66%	66%	69%	64%	73%	63%	61%	71%
PBS or public media broadcast or streaming	39%	46%	35%	44%	34%	42%	38%	47%	27%	53%	28%	39%	41%
Network TV (ABC, NBC, Fox, etc.)	8%	13%	5%	11%	5%	8%	7%	10%	5%	13%	5%	8%	8%
Cable TV or streaming (HBO/Max, CNN, Netflix, Hulu, Amazon Prime Video, etc.)	58%	51%	63%	60%	59%	53%	60%	51%	71%	46%	71%	57%	60%
Other streaming or social channels (YouTube, Vimeo, social media, etc)	36%	45%	31%	42%	29%	29%	38%	41%	29%	55%	22%	31%	42%
Other	8%	12%	6%	9%	7%	8%	10%	11%	4%	9%	9%	7%	10%
<i>I don't know (excluded from denominator)</i>	3	1	2	0	2	1	2	2	1	2	1	2	1
Responses	177	67	110	81	76	38	125	98	73	78	86	83	86

Among those seen by the public:

What year was the film released?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
2014-2018	4%	7%	3%	7%	1%	3%	6%	3%	7%	5%	5%	4%	4%
2019-2023	96%	93%	97%	93%	99%	97%	94%	97%	93%	95%	95%	96%	96%
<i>I don't know (excluded from denominator)</i>	0	0	0	0	0	0	0	0	0	0	0	0	0
Responses	180	75	105	86	76	39	125	104	70	78	84	81	90

How long was the film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Less than 30 minutes	18%	27%	12%	12%	25%	10%	20%	21%	10%	29%	7%	15%	20%
31-60 minutes	11%	11%	11%	15%	7%	14%	9%	10%	11%	13%	10%	13%	10%
Longer than 60 minutes	71%	63%	77%	73%	68%	76%	72%	69%	79%	59%	83%	72%	70%
<i>I don't know (excluded from denominator)</i>	9	5	4	3	3	2	6	6	3	6	1	2	7
Responses	185	75	110	86	81	44	128	108	71	80	89	87	89

What was your relationship to the filmmakers prior to this film?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No prior connection	70%	71%	70%	74%	69%	0%	100%	69%	73%	71%	68%	65%	73%
Family	6%	12%	2%	9%	2%	23%	0%	8%	4%	8%	5%	8%	4%
Friends or another personal or professional relationship (friend of friend, classmate, colleague, neighbor, etc.)	22%	18%	25%	16%	26%	84%	0%	23%	23%	19%	26%	30%	16%
Shared cultural/social community (ethnic, religious, gender, disability, etc.)	10%	14%	8%	13%	9%	23%	6%	13%	7%	16%	6%	12%	9%
Other	6%	9%	4%	6%	5%	5%	7%	8%	1%	5%	7%	6%	7%
<i>Responses</i>	<i>182</i>	<i>76</i>	<i>106</i>	<i>80</i>	<i>81</i>	<i>44</i>	<i>135</i>	<i>106</i>	<i>71</i>	<i>83</i>	<i>82</i>	<i>84</i>	<i>89</i>

Who provided consent to the filmmakers for you to be filmed?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
I did	96%	93%	98%	98%	95%	95%	96%	96%	95%	98%	97%	98%	94%
My legal guardian	3%	5%	1%	1%	2%	5%	1%	2%	4%	1%	2%	2%	3%
Someone else	1%	3%	0%	1%	1%	0%	1%	2%	0%	1%	0%	0%	2%
No one	1%	0%	1%	0%	1%	0%	1%	0%	1%	0%	1%	0%	1%
<i>I don't know (excluded from denominator)</i>	0	0	0	0	0	0	0	0	0	0	0	0	0
Responses	194	80	114	88	84	43	135	113	75	86	90	88	97

Among those who provided consent:

Did you sign a written consent or release form?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	96%	99%	94%	98%	93%	92%	97%	95%	98%	96%	95%	99%	94%
No	4%	1%	6%	2%	7%	8%	3%	5%	2%	4%	5%	1%	6%
Responses	168	70	98	83	69	38	116	99	63	79	76	75	84

Before filming started, did you discuss whether or not you should participate with anyone?

If “Yes”: Who did you discuss the possibility of participating in the film with? *Check all that apply.*

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No	47%	40%	52%	37%	58%	52%	46%	42%	55%	45%	50%	47%	43%
Yes	53%	60%	48%	63%	42%	48%	54%	58%	45%	55%	50%	53%	57%
Friends or family	38%	47%	33%	54%	22%	33%	38%	44%	30%	40%	36%	40%	38%
Professional or work colleagues	27%	25%	29%	36%	22%	26%	28%	32%	21%	26%	30%	29%	28%
Attorney or legal representative	13%	22%	7%	21%	7%	7%	14%	12%	14%	10%	14%	10%	16%
Individuals who have participated in other documentaries	8%	13%	4%	11%	5%	14%	5%	11%	3%	10%	5%	6%	10%
The director, producer, or someone else working on the project	31%	38%	26%	43%	19%	31%	30%	34%	25%	31%	32%	28%	36%
Other	2%	3%	2%	2%	1%	0%	3%	3%	1%	2%	1%	1%	3%
<i>Responses</i>	195	81	114	89	84	44	135	114	75	90	87	89	97

What were your personal motivations for participating in this film?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Share a personal journey or experience	65%	90%	47%	84%	44%	68%	63%	70%	60%	79%	54%	53%	76%
Provide an expert opinion or viewpoint	60%	49%	68%	58%	63%	64%	59%	53%	71%	54%	67%	72%	51%
Highlight important work being done	47%	56%	40%	52%	43%	45%	47%	55%	36%	55%	41%	47%	46%
Help others with similar experiences to not feel alone	46%	77%	24%	64%	24%	50%	44%	53%	37%	53%	38%	42%	52%
Share a unique or critical insight on an issue	62%	64%	61%	75%	55%	55%	64%	64%	60%	64%	61%	69%	58%
Expose the truth of a misunderstood topic	50%	54%	47%	63%	36%	45%	50%	58%	44%	52%	52%	60%	44%
Encourage social or political change	49%	58%	43%	64%	35%	39%	53%	62%	32%	55%	43%	46%	55%
Support the filmmaker	36%	41%	32%	39%	31%	55%	30%	38%	36%	46%	28%	30%	42%
Support others in the film	36%	33%	39%	38%	38%	36%	36%	40%	33%	45%	31%	30%	44%
Other	7%	6%	8%	4%	8%	11%	7%	10%	3%	7%	8%	7%	8%
None of these	1%	0%	1%	0%	1%	0%	1%	0%	1%	0%	1%	0%	1%
Responses	195	81	114	89	84	44	135	114	75	87	90	89	97

Before filming started, how well did you understand

...why the filmmaker was making the film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	74%	71%	75%	69%	80%	89%	70%	72%	76%	75%	70%	76%	71%
Somewhat	24%	28%	21%	30%	16%	9%	28%	26%	21%	25%	26%	20%	28%
Not at all	3%	1%	4%	1%	5%	2%	2%	2%	3%	0%	4%	3%	1%
Responses	194	80	114	89	83	44	134	114	75	87	90	89	97

Before filming started, how well did you understand

...why the filmmaker asked you to participate?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	89%	86%	90%	89%	88%	89%	89%	89%	89%	83%	93%	90%	88%
Somewhat	10%	13%	8%	10%	10%	9%	10%	11%	8%	17%	3%	10%	9%
Not at all	2%	1%	2%	1%	2%	2%	1%	1%	3%	0%	3%	0%	3%
Responses	194	80	114	89	83	44	134	114	75	87	90	89	97

...who else would be in the film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	50%	55%	46%	46%	54%	49%	51%	50%	47%	56%	42%	45%	55%
Somewhat	40%	38%	41%	44%	34%	42%	39%	41%	43%	36%	48%	48%	34%
Not at all	10%	6%	12%	10%	12%	9%	10%	10%	9%	8%	10%	7%	11%
Responses	192	78	114	87	83	43	134	113	74	86	89	87	97

Before filming started, how well did you understand

...what would be filmed or recorded?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	57%	58%	57%	44%	70%	67%	54%	59%	51%	64%	48%	60%	55%
Somewhat	38%	37%	38%	51%	24%	28%	41%	36%	42%	33%	46%	36%	40%
Not at all	5%	5%	5%	6%	6%	5%	5%	4%	7%	3%	6%	5%	5%
Responses	192	78	114	87	83	43	134	113	74	86	89	87	97

...how much time it would take?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	47%	40%	51%	30%	62%	56%	44%	47%	45%	52%	40%	43%	50%
Somewhat	38%	42%	36%	49%	29%	33%	41%	39%	39%	33%	45%	42%	36%
Not at all	15%	18%	12%	21%	9%	12%	15%	13%	16%	15%	15%	15%	14%
Responses	190	77	113	86	82	43	134	112	74	85	89	86	96

...potential risks to me, my family, or community for participating?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	57%	58%	56%	49%	64%	63%	56%	52%	65%	64%	52%	61%	52%
Somewhat	21%	22%	21%	28%	13%	16%	22%	24%	19%	22%	22%	17%	27%
Not at all	22%	21%	23%	23%	23%	21%	22%	24%	16%	14%	26%	22%	22%
Responses	192	78	114	87	83	43	134	113	74	86	89	87	97

Before filming started, how well did you understand

...if you would have access to recordings for your own use?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	39%	44%	35%	34%	43%	47%	36%	36%	39%	43%	33%	40%	39%
Somewhat	23%	26%	21%	26%	22%	19%	24%	24%	23%	24%	25%	18%	25%
Not at all	39%	31%	44%	39%	35%	35%	40%	40%	38%	33%	43%	41%	36%
Responses	192	78	114	87	83	43	134	113	74	86	89	87	97

...if you would be compensated or reimbursed (such as travel expenses, location fees, etc.)?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	61%	54%	67%	52%	73%	56%	63%	58%	65%	64%	56%	63%	61%
Somewhat	16%	17%	15%	15%	12%	16%	14%	19%	11%	16%	17%	17%	14%
Not at all	23%	29%	18%	33%	14%	28%	22%	22%	24%	20%	27%	20%	25%
Responses	192	78	114	87	83	43	134	113	74	86	89	87	97

...if you would be offered other support (such as for health, legal, or accessibility needs).

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	42%	40%	44%	32%	53%	38%	43%	42%	43%	43%	41%	42%	44%
Somewhat	18%	15%	20%	21%	14%	17%	19%	16%	20%	13%	24%	15%	20%
Not at all	39%	45%	35%	47%	33%	45%	39%	42%	36%	44%	35%	43%	36%
Responses	191	78	113	87	83	42	134	112	74	86	88	86	97

Before filming started, how well did you understand

...if the filmmaker could sell or license the story told on screen to others?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	41%	46%	38%	38%	43%	44%	40%	35%	47%	40%	40%	41%	40%
Somewhat	28%	26%	30%	29%	27%	23%	29%	27%	30%	31%	28%	28%	29%
Not at all	30%	28%	32%	33%	30%	33%	31%	37%	23%	29%	32%	31%	31%
Responses	191	78	113	86	83	43	133	113	73	86	88	87	96

...when and how the film might be seen?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very well	47%	55%	41%	45%	48%	50%	46%	43%	53%	52%	42%	49%	43%
Somewhat	39%	31%	45%	38%	41%	31%	43%	42%	36%	33%	46%	39%	41%
Not at all	14%	14%	14%	17%	11%	19%	12%	15%	11%	15%	12%	12%	15%
Responses	190	78	112	87	81	42	134	112	74	85	89	85	97

Throughout the course of the project, were you involved in decisions regarding any of the following?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Filming schedule and timeline	57%	73%	46%	64%	48%	52%	58%	61%	52%	63%	53%	55%	60%
What would be filmed and what was off limits to be filmed	50%	71%	36%	66%	33%	50%	50%	59%	37%	57%	43%	45%	56%
Where the film would be seen	28%	41%	18%	30%	22%	43%	21%	31%	21%	38%	18%	26%	31%
How the film would be used for impact or engagement campaigns	28%	40%	19%	35%	18%	31%	25%	29%	25%	33%	22%	27%	30%
Other	4%	5%	3%	6%	1%	5%	4%	5%	3%	4%	5%	6%	2%
None of these	30%	12%	42%	19%	43%	33%	29%	21%	41%	24%	34%	30%	27%
<i>Responses</i>	<i>189</i>	<i>78</i>	<i>111</i>	<i>86</i>	<i>82</i>	<i>42</i>	<i>133</i>	<i>109</i>	<i>75</i>	<i>84</i>	<i>88</i>	<i>86</i>	<i>96</i>

Did you receive financial reimbursement, fees, or compensation for participating in the film? (This can include reimbursed costs to participate, location or archival fees, honorarium, or profit sharing.)

If “Yes”: What types of financial reimbursement or compensation did you receive? *Check all that apply.*

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No	57%	48%	64%	58%	55%	63%	56%	52%	64%	51%	68%	61%	52%
Yes	43%	53%	36%	42%	45%	37%	44%	48%	36%	49%	32%	39%	48%
Reimbursed costs incurred to participate (e.g., child care, transportation, accessibility requirements)	23%	30%	18%	22%	26%	30%	21%	25%	21%	24%	18%	18%	28%
Location fees	5%	7%	4%	3%	7%	7%	4%	8%	0%	6%	1%	2%	8%
Licensing or archival fees	7%	9%	5%	10%	5%	5%	7%	8%	7%	7%	6%	9%	5%
Life or story rights	4%	6%	2%	3%	4%	7%	2%	4%	3%	5%	2%	4%	2%
Honorarium or payment to compensate for your time	23%	26%	20%	18%	24%	11%	27%	25%	20%	30%	14%	18%	29%
Backend participation or profit sharing (Receiving a portion of the profit if the film ends up making a profit)	4%	9%	0%	7%	0%	5%	4%	4%	3%	6%	2%	3%	4%
Other	2%	0%	4%	1%	2%	0%	3%	3%	1%	1%	3%	2%	2%
<i>Responses</i>	<i>194</i>	<i>80</i>	<i>114</i>	<i>89</i>	<i>84</i>	<i>43</i>	<i>135</i>	<i>113</i>	<i>75</i>	<i>86</i>	<i>90</i>	<i>89</i>	<i>96</i>

Were you offered any nonfinancial support or resources?

(This offering could include gifts, health services, legal services, or broader community support.)

If “Yes”: What types of nonfinancial support or resources did the filmmaker offer you? *Check all that apply.*

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No	80%	67%	89%	75%	87%	75%	84%	75%	85%	75%	87%	84%	74%
Yes	20%	33%	11%	25%	13%	25%	16%	25%	15%	25%	13%	16%	26%
Mental health, behavioral health, or trauma support services	12%	24%	4%	14%	11%	20%	9%	17%	7%	17%	4%	9%	17%
In-kind gifts or services (such as groceries or gift cards)	7%	14%	3%	7%	6%	11%	4%	11%	3%	9%	3%	2%	13%
Legal services or other consultants to help navigate the process	4%	8%	2%	2%	5%	7%	3%	6%	1%	6%	0%	0%	8%
Resources or training for marketing or publicity	6%	9%	4%	5%	5%	7%	4%	7%	4%	6%	3%	2%	9%
Other support for my community	7%	14%	3%	7%	5%	9%	6%	10%	4%	12%	1%	3%	11%
Other	5%	5%	5%	8%	2%	5%	4%	4%	7%	5%	7%	7%	4%
Responses	195	81	114	89	84	44	135	114	75	87	90	89	97

Among those offered supports or resources:

Did you use any of those supports or resources?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	79%	81%	75%	68%	100%	91%	76%	75%	91%	82%	67%	86%	76%
No	21%	19%	25%	32%	0%	9%	24%	25%	9%	18%	33%	14%	24%
Responses	39	27	12	22	11	11	21	28	11	22	12	14	25

Among those who used supports or resources:

How helpful were those supports or resources?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Extremely helpful	70%	71%	67%	60%	73%	90%	53%	80%	50%	71%	50%	75%	67%
Very helpful	13%	19%	0%	20%	9%	0%	20%	15%	10%	18%	13%	0%	22%
Somewhat helpful	13%	10%	22%	20%	9%	10%	20%	5%	30%	12%	25%	17%	11%
A little helpful	3%	0%	11%	0%	9%	0%	7%	0%	10%	0%	13%	8%	0%
Not at all helpful	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Responses	30	21	9	15	11	10	15	20	10	17	8	12	18

Did you receive a producer or other production credit for this film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	22%	28%	18%	24%	22%	20%	22%	19%	21%	23%	20%	31%	15%
No	78%	73%	82%	76%	78%	80%	78%	81%	79%	77%	80%	69%	85%
Responses	194	80	114	89	83	44	134	113	75	86	90	88	97

Have you seen the film (clips or the whole film)?

If “Yes”: When did the filmmaker share the film with you? *Check all that apply.*

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No	5%	9%	2%	7%	2%	5%	5%	7%	1%	7%	1%	3%	5%
Yes	95%	95%	95%	93%	98%	95%	95%	93%	99%	93%	99%	97%	95%
Before I agreed to participate	7%	12%	4%	6%	10%	11%	5%	10%	4%	13%	3%	10%	5%
While the film was being made	28%	33%	24%	31%	24%	36%	26%	28%	25%	31%	24%	30%	27%
When the film was finished, but before it was shared publicly	59%	69%	51%	67%	49%	57%	59%	61%	55%	59%	60%	65%	53%
At public screenings	48%	33%	59%	49%	52%	61%	47%	45%	53%	47%	52%	48%	46%
Other	10%	4%	15%	11%	10%	5%	12%	10%	12%	3%	17%	11%	9%
Responses	194	81	113	88	84	44	134	113	75	86	90	88	97

Did you provide feedback on the film before it was seen publicly?

If “Yes”: What feedback did you provide on the film? *Check all that apply.*

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
No	48%	29%	64%	37%	60%	57%	46%	43%	55%	40%	55%	46%	49%
Yes	48%	66%	39%	61%	39%	43%	50%	51%	44%	55%	44%	51%	48%
Factual clarifications such as names or dates	31%	9%	2%	7%	25%	30%	30%	34%	25%	35%	27%	34%	29%
Suggestions about what was included in the film	34%	29%	64%	37%	24%	34%	35%	36%	32%	34%	35%	37%	35%
Suggestions about how I was portrayed in the film	17%	14%	6%	10%	5%	18%	16%	18%	12%	18%	15%	17%	17%
Other	7%	48%	28%	46%	5%	5%	8%	10%	3%	9%	6%	10%	4%
Responses	192	77	109	84	83	42	132	111	75	85	89	89	94

Among participants who provided feedback:

How often do you think the filmmaker listened to your feedback on the film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Always	47%	55%	36%	48%	39%	63%	41%	48%	42%	57%	42%	40%	55%
Often	33%	24%	44%	29%	42%	38%	35%	31%	35%	26%	42%	37%	26%
Sometimes	14%	12%	15%	15%	16%	0%	17%	13%	19%	13%	11%	14%	14%
Rarely	2%	2%	3%	2%	0%	0%	3%	4%	0%	4%	0%	2%	2%
Never	5%	6%	3%	6%	3%	0%	3%	4%	3%	0%	6%	7%	2%
<i>I don't know (excluded from denominator)</i>	6	3	3	4	1	2	4	4	2	1	4	2	4
Responses	88	49	39	48	31	16	63	54	31	46	36	43	42

Among participants who saw the film:

How accurately did the film portray your story or perspectives?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Extremely accurately	43%	45%	42%	39%	50%	43%	43%	40%	49%	49%	38%	39%	46%
Very accurately	38%	35%	39%	39%	40%	45%	37%	41%	30%	36%	38%	37%	37%
Somewhat accurately	14%	15%	14%	16%	8%	10%	15%	14%	15%	13%	16%	14%	16%
A little accurately	2%	3%	2%	1%	1%	2%	2%	1%	3%	1%	2%	5%	0%
Not at all accurately	3%	3%	3%	5%	1%	0%	3%	3%	3%	1%	5%	5%	1%
<i>I don't know (excluded from denominator)</i>	4	0	4	0	4	0	4	2	2	0	3	2	2
Responses	181	74	107	82	78	42	123	104	71	80	86	84	89

How, if at all, were you involved with the film after its release?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Attended film festivals	35%	51%	23%	42%	27%	26%	38%	31%	38%	37%	34%	27%	40%
Attended other film screenings	49%	56%	43%	56%	43%	40%	51%	43%	57%	48%	51%	44%	53%
Provided input on engagement or marketing campaigns	25%	36%	18%	35%	18%	19%	25%	30%	19%	29%	24%	28%	25%
Gave press interviews about the film	35%	45%	28%	48%	23%	23%	38%	36%	32%	36%	34%	34%	35%
Other	11%	15%	8%	13%	7%	9%	11%	14%	7%	16%	6%	12%	11%
None of these	34%	24%	40%	26%	40%	44%	32%	36%	31%	33%	37%	34%	33%
Responses	191	78	113	88	83	43	133	111	74	83	90	89	93

If you could go back in time, would you agree to participate in this film again?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	89%	85%	92%	86%	95%	91%	89%	89%	90%	89%	89%	85%	93%
Maybe	6%	10%	4%	7%	2%	9%	5%	7%	4%	8%	4%	7%	5%
No	5%	5%	5%	7%	2%	0%	5%	4%	5%	2%	7%	8%	2%
Responses	191	81	110	87	82	43	132	113	73	85	89	89	95

Overall, how would you rate your experience working on this film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Excellent	62%	64%	60%	53%	73%	61%	63%	60%	66%	67%	57%	57%	66%
Very good	22%	19%	25%	30%	14%	27%	22%	25%	18%	21%	21%	20%	24%
Good	8%	9%	8%	7%	10%	9%	8%	9%	8%	7%	11%	9%	7%
Fair	3%	4%	2%	3%	1%	2%	1%	3%	3%	1%	4%	4%	1%
Poor	5%	5%	5%	7%	2%	0%	6%	4%	5%	3%	7%	9%	2%
Responses	194	81	113	88	84	44	134	114	74	86	90	89	96

Do you agree or disagree with the following statements?

I trusted the filmmakers on this project.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	64%	64%	64%	59%	65%	68%	61%	68%	57%	71%	58%	58%	69%
Agree	27%	30%	25%	34%	23%	20%	30%	24%	31%	21%	31%	30%	23%
Neither agree nor disagree	5%	3%	7%	3%	6%	2%	6%	4%	7%	3%	7%	8%	3%
Disagree	1%	0%	1%	1%	0%	0%	1%	1%	0%	1%	0%	0%	1%
Strongly disagree	4%	4%	4%	2%	6%	9%	2%	3%	5%	3%	4%	3%	4%
Responses	193	80	113	88	83	44	133	114	74	86	90	89	96

Do you agree or disagree with the following statements?

The filmmakers respected me.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	65%	64%	65%	64%	65%	67%	64%	71%	55%	72%	58%	56%	71%
Agree	23%	23%	23%	24%	24%	21%	24%	19%	29%	19%	25%	26%	21%
Neither agree nor disagree	3%	5%	2%	2%	1%	0%	4%	4%	3%	2%	4%	4%	2%
Disagree	4%	4%	4%	6%	2%	2%	4%	4%	5%	5%	4%	6%	3%
Strongly disagree	5%	5%	5%	4%	7%	9%	4%	4%	8%	2%	9%	8%	3%
Responses	193	80	113	89	83	43	134	113	76	85	92	89	96

The filmmakers were upfront and transparent about their goals for the film.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	58%	53%	61%	54%	61%	59%	55%	60%	53%	62%	53%	53%	60%
Agree	28%	33%	24%	31%	24%	27%	30%	29%	28%	29%	28%	27%	31%
Neither agree nor disagree	5%	4%	5%	5%	5%	2%	6%	4%	4%	4%	4%	6%	3%
Disagree	3%	1%	4%	3%	1%	2%	2%	2%	4%	1%	3%	3%	2%
Strongly disagree	7%	9%	6%	7%	8%	9%	6%	4%	11%	4%	11%	11%	4%
Responses	192	79	113	87	83	44	132	113	74	85	90	89	95

Do you agree or disagree with the following statements?

I felt comfortable asking the filmmakers questions.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	70%	68%	71%	74%	68%	66%	70%	72%	66%	72%	66%	65%	74%
Agree	21%	22%	21%	20%	22%	18%	22%	19%	24%	20%	23%	28%	15%
Neither agree nor disagree	5%	6%	4%	6%	4%	7%	5%	7%	3%	6%	6%	2%	8%
Disagree	1%	1%	0%	0%	0%	0%	1%	0%	1%	0%	1%	1%	0%
Strongly disagree	3%	3%	4%	1%	6%	9%	2%	2%	5%	2%	4%	3%	3%
Responses	191	79	112	87	82	44	131	114	74	86	90	88	96

The filmmakers asked for my agreement or consent if something came up that had not been previously discussed.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	47%	49%	46%	49%	43%	43%	48%	54%	38%	52%	44%	40%	54%
Agree	23%	28%	20%	25%	25%	34%	21%	22%	24%	28%	18%	27%	18%
Neither agree nor disagree	18%	11%	23%	14%	22%	14%	19%	11%	28%	12%	24%	19%	18%
Disagree	7%	6%	8%	9%	5%	2%	9%	9%	5%	6%	8%	7%	8%
Strongly disagree	4%	6%	3%	3%	5%	7%	3%	4%	4%	2%	6%	7%	2%
Responses	193	80	113	88	83	44	133	114	74	86	90	89	96

Do you agree or disagree with the following statements?

I felt comfortable asking the filmmakers to stop or adjust filming or recording.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	53%	56%	51%	55%	52%	43%	55%	61%	41%	60%	47%	45%	60%
Agree	22%	21%	22%	23%	23%	32%	19%	19%	26%	21%	22%	27%	18%
Neither agree nor disagree	18%	54%	54%	54%	17%	16%	19%	11%	29%	13%	22%	20%	15%
Disagree	5%	5%	4%	5%	4%	2%	6%	6%	1%	3%	6%	3%	5%
Strongly disagree	3%	4%	2%	2%	4%	7%	2%	2%	3%	2%	2%	3%	2%
Responses	192	80	112	88	82	44	133	114	73	86	89	88	96

I felt the filmmakers acknowledged my contributions to the film.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Strongly agree	59%	62%	57%	64%	54%	61%	56%	61%	55%	66%	51%	55%	63%
Agree	24%	22%	26%	17%	30%	25%	24%	22%	27%	20%	29%	24%	23%
Neither agree nor disagree	9%	10%	9%	11%	8%	5%	12%	9%	9%	7%	10%	10%	9%
Disagree	3%	3%	4%	2%	1%	2%	3%	4%	3%	2%	4%	6%	1%
Strongly disagree	5%	4%	5%	5%	6%	7%	5%	4%	5%	5%	6%	6%	4%
Responses	192	79	113	87	83	44	133	113	74	86	89	88	96

Ideally, would you have been more or less involved in decisions about how the film was made?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
More	31%	40%	26%	36%	24%	30%	31%	35%	27%	27%	34%	33%	33%
About the same	66%	56%	73%	64%	72%	68%	66%	63%	72%	71%	66%	66%	66%
Less	2%	4%	1%	0%	4%	2%	2%	2%	1%	2%	0%	1%	1%
Responses	191	78	113	87	82	44	131	113	74	86	89	89	95

Would any of the following have been helpful as you participated in this film?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Releases or consent forms that were easier to understand	16%	31%	6%	16%	14%	26%	12%	21%	11%	14%	15%	17%	16%
Spending more time with the filmmaker before filming started	20%	32%	12%	16%	24%	21%	21%	21%	21%	24%	16%	25%	16%
More information on what to expect during filming	23%	40%	11%	28%	14%	33%	20%	25%	21%	22%	22%	28%	19%
An easier way to share my concerns about filming	15%	28%	6%	19%	10%	19%	15%	19%	10%	13%	12%	17%	14%
More film team members that were from my cultural/social community (ethnic, religious, gender, disability, etc.)	10%	20%	3%	7%	9%	9%	10%	13%	6%	17%	1%	6%	14%
Additional support such as counseling or legal advice	16%	31%	6%	19%	10%	19%	13%	22%	6%	19%	8%	13%	19%
More support after the film was released	21%	37%	10%	25%	16%	16%	23%	24%	17%	22%	20%	18%	25%
Other	9%	12%	7%	7%	9%	5%	10%	12%	3%	12%	7%	10%	9%
None of these	48%	29%	61%	44%	57%	42%	50%	39%	61%	49%	46%	43%	53%
Responses	184	75	109	85	79	43	126	108	72	83	85	87	91

Throughout the process, did you have concerns with the film or the filmmakers?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	25%	34%	19%	36%	12%	18%	25%	28%	19%	24%	28%	27%	24%
No	75%	66%	81%	64%	88%	82%	75%	72%	81%	76%	72%	73%	76%
Responses	191	79	112	88	81	44	131	114	74	86	90	89	96

Among those with concerns:

What did you have concerns about?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Time commitment	19%	19%	19%	19%	10%	25%	18%	19%	14%	19%	16%	17%	22%
Filming schedule	23%	30%	14%	25%	20%	25%	24%	25%	14%	29%	16%	17%	30%
Overall direction of the film	48%	41%	57%	44%	50%	25%	55%	41%	64%	43%	48%	54%	39%
What was filmed	33%	56%	5%	34%	20%	38%	36%	31%	36%	33%	28%	29%	35%
How I was portrayed in the film	52%	48%	57%	44%	60%	25%	64%	41%	71%	57%	44%	46%	57%
How I was compensated for participating in the film	21%	26%	14%	25%	0%	0%	24%	28%	7%	33%	12%	8%	35%
Availability of support (such as for health, legal, or accessibility needs)	17%	22%	10%	19%	10%	13%	12%	22%	0%	29%	4%	13%	22%
Where the film would be seen	19%	30%	5%	16%	20%	13%	24%	22%	14%	24%	16%	17%	22%
Potential risks to me, my family, or community from participating	40%	52%	24%	50%	0%	25%	39%	41%	36%	29%	48%	38%	43%
Privacy or confidentiality	27%	41%	10%	34%	10%	0%	30%	34%	7%	29%	24%	25%	30%
Other	17%	11%	24%	16%	20%	25%	18%	19%	7%	24%	12%	13%	22%
Responses	48	27	21	32	10	8	33	32	14	21	25	24	23

Among those with concerns:

How often did filmmakers address your concerns when you shared them?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Always	46%	44%	48%	47%	60%	50%	48%	41%	57%	57%	40%	38%	52%
Most of the time	15%	15%	14%	16%	20%	13%	15%	16%	7%	5%	16%	17%	13%
Sometimes	15%	22%	5%	16%	10%	38%	12%	19%	7%	10%	20%	13%	17%
Rarely	17%	7%	29%	13%	10%	0%	21%	16%	21%	24%	12%	21%	13%
Never	2%	4%	0%	3%	0%	0%	0%	3%	0%	0%	4%	4%	0%
I did not share concerns	6%	7%	5%	6%	0%	0%	3%	6%	7%	5%	8%	8%	4%
<i>Responses</i>	48	27	21	32	10	8	33	32	14	21	25	24	23

Among those with concerns:

Did you stop participating or withdraw completely from the film?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	9%	15%	0%	9%	0%	25%	3%	9%	0%	10%	4%	13%	4%
No	91%	85%	100%	91%	100%	75%	97%	91%	100%	90%	96%	87%	96%
<i>Responses</i>	47	27	20	32	9	8	33	32	13	21	24	23	23

How would you rate the impact of the film on the following?

My personal life

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	54%	69%	44%	57%	55%	64%	50%	54%	53%	61%	46%	50%	57%
Somewhat positive	25%	17%	31%	25%	24%	29%	26%	23%	29%	25%	26%	25%	26%
No impact	14%	4%	21%	6%	19%	7%	15%	14%	14%	11%	18%	16%	12%
Somewhat negative	5%	8%	3%	8%	3%	0%	6%	6%	3%	2%	8%	6%	4%
Very negative	2%	3%	2%	5%	0%	0%	2%	2%	1%	1%	2%	3%	1%
<i>I don't know (excluded from denominator)</i>	3	1	2	0	1	2	1	2	1	2	1	1	2
Responses	188	78	110	88	80	42	130	112	73	84	89	88	94

My professional life

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	54%	62%	47%	48%	61%	60%	52%	58%	47%	61%	43%	56%	49%
Somewhat positive	27%	22%	31%	34%	22%	21%	28%	23%	32%	23%	32%	23%	32%
No impact	15%	13%	17%	13%	15%	19%	14%	14%	17%	12%	19%	15%	15%
Somewhat negative	2%	1%	3%	3%	0%	0%	3%	2%	3%	2%	2%	1%	3%
Very negative	2%	1%	3%	2%	3%	0%	2%	3%	1%	1%	3%	5%	0%
<i>I don't know (excluded from denominator)</i>	5	1	4	1	2	2	3	3	2	3	2	2	3
Responses	185	77	108	86	79	42	127	111	72	83	88	86	93

How would you rate the impact of the film on the following?

My family and friends

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	51%	57%	46%	48%	56%	59%	48%	53%	49%	53%	48%	47%	52%
Somewhat positive	25%	22%	27%	30%	18%	29%	25%	26%	24%	28%	24%	26%	26%
No impact	21%	16%	25%	15%	27%	12%	23%	18%	25%	18%	23%	23%	20%
Somewhat negative	3%	5%	2%	7%	0%	0%	4%	3%	3%	1%	5%	5%	2%
Very negative	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
<i>I don't know (excluded from denominator)</i>	6	3	3	1	2	3	2	3	2	3	2	2	4
Responses	184	76	108	86	79	41	129	110	72	83	87	86	92

My broader community

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	54%	67%	44%	59%	51%	60%	51%	60%	44%	57%	51%	49%	56%
Somewhat positive	29%	23%	32%	27%	29%	35%	28%	26%	32%	29%	27%	30%	29%
No impact	14%	7%	19%	9%	18%	5%	16%	10%	20%	10%	18%	15%	13%
Somewhat negative	4%	3%	5%	5%	3%	0%	5%	4%	4%	4%	5%	6%	2%
Very negative	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
<i>I don't know (excluded from denominator)</i>	8	4	4	2	3	4	2	6	2	3	5	6	2
Responses	181	73	108	85	77	40	127	108	71	82	85	82	94

How would you rate the impact of the film on the following?

How people view issues covered in the film

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	64%	72%	59%	67%	66%	69%	64%	71%	55%	72%	57%	59%	70%
Somewhat positive	23%	15%	28%	21%	24%	23%	24%	19%	29%	15%	30%	22%	23%
No impact	7%	8%	6%	5%	8%	8%	5%	4%	12%	6%	7%	10%	4%
Somewhat negative	3%	1%	5%	3%	1%	0%	4%	5%	1%	6%	1%	4%	3%
Very negative	3%	4%	2%	3%	1%	0%	3%	2%	3%	0%	5%	6%	0%
<i>I don't know (excluded from denominator)</i>	10	4	6	2	4	5	5	5	4	6	3	6	4
Responses	180	74	106	86	76	39	125	109	69	79	87	83	92

Public policy or social policy

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Very positive	48%	60%	40%	57%	42%	48%	48%	53%	40%	50%	44%	39%	55%
Somewhat positive	27%	21%	32%	21%	34%	33%	27%	30%	24%	29%	26%	35%	21%
No impact	23%	18%	26%	20%	22%	20%	22%	16%	34%	21%	26%	22%	24%
Somewhat negative	1%	1%	1%	2%	0%	0%	2%	0%	3%	0%	2%	3%	0%
Very negative	1%	0%	1%	0%	1%	0%	1%	1%	0%	0%	1%	1%	0%
<i>I don't know (excluded from denominator)</i>	14	5	9	6	4	4	8	7	5	7	6	10	4
Responses	176	73	103	82	76	40	122	107	68	78	84	79	92

Among those impacted by the film:

Looking back, were you prepared for the impact the film had on your life?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	66%	55%	75%	48%	84%	76%	63%	61%	76%	59%	70%	75%	58%
No	34%	45%	25%	52%	16%	24%	38%	39%	24%	41%	30%	25%	42%
Responses	151	64	87	73	62	34	104	89	58	64	74	71	76

What is your current age?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
18-29	15%	28%	6%	14%	15%	19%	15%	22%	5%	23%	3%	7%	24%
30-39	14%	13%	15%	15%	14%	9%	15%	18%	7%	18%	10%	6%	20%
40-49	16%	21%	14%	19%	10%	14%	15%	15%	20%	21%	15%	20%	14%
50-59	17%	13%	20%	17%	17%	19%	18%	15%	19%	17%	18%	22%	14%
60-69	20%	17%	22%	19%	23%	21%	20%	16%	26%	10%	28%	22%	17%
70-79	15%	9%	19%	14%	17%	19%	14%	13%	18%	9%	23%	22%	8%
80+	3%	0%	5%	2%	4%	0%	4%	1%	5%	1%	2%	2%	3%
Responses	188	78	110	88	78	43	130	113	74	87	88	87	95

What is your gender?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Intersex	1%	3%	0%	2%	0%	0%	2%	2%	1%	1%	1%	1%	1%
Man	40%	32%	45%	33%	46%	39%	41%	0%	100%	27%	50%	43%	36%
Nonbinary	5%	8%	3%	5%	5%	2%	6%	8%	0%	9%	1%	5%	5%
Two-spirit	2%	3%	1%	2%	1%	0%	2%	3%	0%	2%	1%	1%	2%
Woman	56%	62%	52%	64%	49%	59%	55%	93%	0%	67%	47%	53%	59%
Prefer to self describe	1%	1%	0%	0%	0%	0%	1%	0%	0%	0%	1%	1%	0%
Responses	189	78	111	88	79	44	130	114	75	86	90	87	96

Are you transgender?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	3%	5%	1%	3%	1%	2%	2%	4%	1%	4%	2%	4%	2%
No	97%	95%	99%	97%	99%	98%	98%	96%	99%	96%	98%	96%	98%
Prefer to self describe	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%	0%
Responses	186	76	110	87	78	43	128	112	74	84	90	85	95

What is your race or ethnicity?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Asian or Asian American	17%	19%	16%	14%	22%	25%	15%	22%	9%	37%	0%	18%	18%
Black or African American	17%	26%	11%	23%	8%	18%	17%	20%	14%	37%	0%	19%	15%
Indigenous, Native American, or Alaska Native	8%	12%	6%	9%	8%	2%	10%	9%	7%	17%	0%	8%	6%
Latino/a/x or Hispanic	9%	12%	7%	8%	9%	7%	10%	13%	4%	20%	0%	7%	10%
Middle Eastern or North African	1%	0%	1%	0%	1%	0%	1%	0%	1%	1%	0%	1%	0%
Native Hawaiian or Pacific Islander	3%	1%	4%	1%	5%	5%	2%	4%	1%	6%	0%	0%	5%
White	55%	41%	64%	56%	53%	57%	53%	46%	68%	14%	100%	58%	52%
Prefer to self-describe	7%	10%	5%	6%	9%	7%	8%	6%	8%	3%	0%	6%	8%
Responses	187	78	109	87	78	44	128	112	74	87	90	85	96

Do you identify as disabled?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	10%	13%	7%	10%	6%	14%	8%	7%	14%	9%	11%	10%	8%
No	88%	84%	90%	86%	93%	86%	90%	90%	84%	89%	85%	90%	86%
Prefer to self-describe	3%	3%	3%	3%	1%	0%	2%	3%	3%	2%	3%	0%	5%
Responses	188	76	112	87	80	42	131	113	74	87	89	87	96

Would you describe yourself as any of the following?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Celebrity	6%	10%	4%	8%	5%	10%	4%	7%	4%	7%	6%	11%	2%
Politician	1%	3%	0%	2%	0%	0%	2%	2%	0%	1%	1%	0%	2%
Corporate leader	7%	7%	6%	10%	5%	10%	5%	6%	7%	6%	7%	11%	3%
None of these	88%	85%	90%	82%	91%	82%	91%	86%	90%	89%	86%	81%	93%
Responses	182	73	109	84	77	39	128	109	72	82	88	79	97

Have you been recognized by strangers in public, either before or after participating in this film?

Check all that apply.

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes, before participating in the film	32%	35%	30%	31%	31%	41%	28%	30%	35%	28%	37%	47%	17%
Yes, after participating in the film	51%	59%	45%	55%	42%	54%	47%	44%	59%	48%	56%	48%	52%
No	37%	30%	42%	36%	40%	32%	42%	43%	31%	37%	36%	31%	45%
Responses	183	74	109	84	78	41	127	107	75	81	90	85	92

Had you participated in a prior documentary?

	All	Film						Film Participant					
		Topic		Stress		Connection		Gender		Race		Prior	
		1A	1B	2A	2B	3A	3B	4A	4B	5A	5B	6A	6B
Yes	48%	47%	48%	44%	54%	63%	43%	45%	51%	45%	49%	100%	0%
No	52%	53%	52%	56%	46%	37%	57%	55%	49%	55%	51%	0%	100%
Responses	186	76	110	85	80	43	127	111	72	84	87	89	97

Study Team and Partners

Study Team

Study Team

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TWO-N

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Study Partners

Study Lead

Independent Television Service (ITVS)

Research Organizations

American University
Columbia University
NORC at the University of Chicago

Design Partners

Brown Girls Doc Mafia
Documentary Accountability Working Group
Documentary Participants' Empowerment Alliance
Documentary Producers Alliance
FWD-Doc
Muslim Wellness Foundation
4th World Media Lab
The Flaherty
Youth FX

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Filmmaker Survey

Fielding Organizations

Academy of Television Arts & Sciences
Arab Film and Media Institute
Asian American Documentary Network (A-Doc)
Austin Film Society
BAVC Media
Big Sky Film Institute
Black Public Media
Brown Girls Doc Mafia
Center for Asian American Media
Documentary Producers Alliance
Film Fatales
FilmNorth
Frameline
FREE THE WORK
FWD-Doc
Global Impact Producers Alliance
Hawai'i International Film Festival
Independent Television Service (ITVS)
Indie Media Arts South
International Documentary Association
Jewish Film Institute
Kartemquin Films
4th World Media Lab
Latino Public Broadcasting
Mezcla Media Collective
New Orleans Film Society
Northwest Film Forum
Pacific Islanders in Communications
Points North Institute / CIFF
Producers Guild of America
ReelAbilities
Seattle International Film Festival

Sundance Institute
The Flaherty
The Gotham Film & Media Institute
The Redford Center
Video Consortium
Vision Maker Media
Visual Communications
Women in Film & Video
Youth FX

Film Participant Survey Fielding Organizations and Individuals

Caldera Productions
Color Farm Media
Independent Television Service (ITVS)
Indie Media Arts South
Margie Ratliff
New Orleans Film Festival
Rahi Hasan
Rajal Pitroda
Represent Justice
The Gotham Film & Media Institute
Vitamin Sea Productions
Working Films

Endnotes

1. Institutional Review Boards review research studies to ensure that they comply with applicable regulations, meet commonly accepted ethical standards, and adequately protect participants from research-related risks.
2. 100 best-reviewed documentaries of all time. (n.d.) Rotten Tomatoes. <https://editorial.rottentomatoes.com/guide/100-best-documentaries/>
3. Filmmakers who answered “no” to the branching question, “Would you have liked to work differently with participants on this project?” were included in the denominator for the following three questions that ask for additional detail about how filmmakers would have ideally worked with participants. These respondents were added to the numerator for the response categories for each question indicating no change.